

The graphic features a blue and white color scheme with a background of stylized clouds. At the top left is the 'Bird English Advisor' logo, which includes a stylized bird icon. To its right is the text 'Bird English Advisor'. At the top right is a blue oval containing the word 'Prep' in white script. The main title 'IELTS STUDY PLAN' is prominently displayed in the center, with 'IELTS' in red and 'STUDY PLAN' in blue. Below the title is a blue banner with the text 'Achieve Your Band 7+ Goal with Strategic Daily Practice!'. To the right of the banner is an illustration of the Big Ben clock tower and the Houses of Parliament in London, with a Union Jack flag flying. Below the illustration is a blue circular icon of a clock face with the text '60-90 min. daily!'. On the left side, there is a list of four bullet points, each preceded by a checkmark icon.

**Bird English Advisor**

**Prep**

# IELTS STUDY PLAN

Achieve Your Band 7+ Goal with Strategic Daily Practice!

- ✓ Focused practice for all 4 IELTS sections
- ✓ Weekly skill-specific strategy days
- ✓ Reliable resources for the current IELTS exam
- ✓ Monthly mock tests to track Band progress

60-90 min. daily!

## IELTS STUDY PLAN (2026 VERSION)

**Goal:** Build exam skills, not just English exposure

**Ideal Study Time:** 60–90 min/day (can split into 3 x 25 min blocks like your original idea)

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### 🔥 WHAT'S DIFFERENT IN IELTS TODAY

- ✓ Most candidates now take **Computer-Delivered IELTS**
- ✓ Faster results → requires **typing speed practice**
- ✓ Speaking may be **video-call with examiner** in some centers
- ✓ Writing is marked more strictly for **Task Response & Coherence**
- ✓ Listening traps are harder (distractors, paraphrasing)

So we focus on:

- Real test simulations
- Timing control
- Band descriptor awareness
- Paraphrasing skills
- Writing structure templates

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## **1** UPDATED WEEKLY STRUCTURE

### **MONDAY – LISTENING POWER DAY**

**Goal:** Train for traps & speed

#### **Block 1 (25 min)**

Official Section practice (Cambridge IELTS books 11–18 or IELTS Ready Premium)

#### **Block 2 (25 min)**

Error review:

- Why was the answer wrong?
- Did I miss a number, spelling, or distractor?

#### **Block 3 (Optional)**

Accent exposure (BBC, ABC Australia, NPR)

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### **TUESDAY – READING STRATEGY DAY**

**Goal:** Speed + location skills

#### **Block 1**

1 Passage under **20 min timed**

#### **Block 2**

Analyze question types:

- T/F/NG traps
- Matching headings
- Sentence completion

#### **Block 3**

Vocabulary notebook (academic words from passages)

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### **WEDNESDAY – WRITING TASK 2 (HIGH SCORE DAY)**

**Most important writing task**

#### **Week Rotation**

- Week 1: Opinion essay
- Week 2: Discussion essay

- Week 3: Problem/Solution
- Week 4: Advantages/Disadvantages

### **Practice Structure**

1. 10 min planning
  2. 30 min writing
  3. 15 min self-check using Band Descriptors:
    - Task Response
    - Coherence
    - Lexical Resource
    - Grammar Range & Accuracy
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### **THURSDAY – SPEAKING FLUENCY DAY**

**Goal:** Natural, extended answers

**Part 1** – Everyday topics

**Part 2** – 1 cue card (record yourself)

**Part 3** – Abstract discussion

Then:

- Listen to your recording
  - Fix grammar mistakes
  - Replace basic vocab with higher-level phrases
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### **FRIDAY – WRITING TASK 1 DAY**

#### **Academic IELTS**

- Charts / Graphs / Maps / Processes

#### **General IELTS**

- Formal / Semi-formal / Informal letters

Focus on:

- Overview sentence
- Data grouping

- No opinions
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### **SATURDAY – FULL TEST SIMULATION (ALTERNATE WEEKS)**

Every 2 weeks:

- Full Listening test
- Full Reading test
- 1 Writing task under time

Build **mental stamina** — many students lose points from fatigue, not English.

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### **SUNDAY – LIGHT ENGLISH + SPEAKING REFLEXES**

Just like your original idea — keep it fun, but purposeful:

- ✓ Watch news → summarize out loud
  - ✓ Describe a photo for 2 minutes
  - ✓ Learn 10 collocations
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### **🔥 WRITING UPGRADE (CRUCIAL FOR BAND 7+)**

Instead of random practice websites, now focus on:

**Learn these SKILLS:**

- Paraphrasing the question
- Writing clear topic sentences
- Using linking devices naturally
- Avoiding memorized essays (examiners detect this)

### **Weekly Writing Target**

#### **Level Goal Task 2 Essays per Week**

Band 6.0 1

Band 6.5 2

Band 7.0+ 3

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## **SPEAKING UPGRADE**

Old plan = passive listening

New plan = **active speaking production**

Every week record:

- 3 Part 1 answers
- 2 Part 2 long turns
- 2 Part 3 discussions

Then improve:

 basic → *very big problem*

 advanced → *a significant global challenge*

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## **MONTHLY PROGRESS CHECK**

Every 4 weeks take a **full mock test** and track:

**Skill      Band Now    Target**

Listening 6.5      7.5

Reading 6.0      7.0

Writing 5.5      7.0

Speaking 6.0      7.0

This keeps motivation high and study focused.

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## **MODERN RESOURCES (RELIABLE FOR CURRENT IELTS)**

Instead of older scattered links, prioritize:

- **Official Cambridge IELTS books (11–18)**
- **British Council IELTS Ready**
- **IDP IELTS preparation**
- **IELTS Speaking for Success (podcast)**
- **Write & Improve (Cambridge AI writing checker)**

These reflect **current question styles**, unlike many old websites.

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★ **DAILY MINI-HABIT (Your original strength — keep this!)**

Just like your plan suggested daily exposure

IELTS - NEW STUDY PLAN 2022- Pr...

— keep this rule:

**No zero-English days. Even 15 minutes counts.**

But now make it **exam-related**, not random.